

**back pain**

**fatigue**

**social isolation**

**insomnia**

**headache**

**hopelessness**

**chest pain**

**lack of pleasure**

**joint pain**

**loss of interest**

**irritable bowel**

**syndrome**

**negativity**

**dizziness**

# **DIAGNOSING DEPRESSION AS A MIND AND BODY DISORDER**

*You may be surprised to know that the words on the cover describe not only some of the **emotional** symptoms of depression, but also the **physical** symptoms of depression and chronic pain.*

*Leading medical experts will provide the latest information about the link between depression and bodily pain and the challenges of finding an accurate diagnosis.*

*This information is critical for those struggling with both of these life-altering conditions.*

## **MODERATOR**

### **Steven P. Roose, MD**

Professor, Clinical Psychiatry, College of Physicians and Surgeons, *Columbia U.*  
Director, Neuropsychiatry Research Clinic, *NY State Psychiatric Institute*  
HDRF Board Member

## **SPEAKERS**

### **Jerrold F. Rosenbaum, MD**

Psychiatrist-in-Chief, *Massachusetts General Hospital*  
Stanley Cobb Professor of Psychiatry, *Harvard Medical School*  
HDRF Scientific Advisory Council Member

### **Vijay B. Vad, MD**

Sports Medicine Specialist, *Hospital for Special Surgery*  
Assistant Professor, *Weill Medical College of Cornell University*

### **Joshua A. Gordon, MD, PhD**

Assistant Professor, Integrative Neuroscience, *NY State Psychiatric Institute*  
Assistant Attending, *NY Presbyterian Hospital*  
HDRF Depression Task Force Member



**HOPE FOR DEPRESSION**  
RESEARCH FOUNDATION

**Samantha Boardman, MD • Jackie Drake • Kim Heirston**  
**Patrick McMullan • Dailey Pattee, PhD • Lis Waterman**  
*Event Co-Chairs*

**Coralie Charriol Paul**  
*Junior Chair*

and

**Audrey Gruss**  
*HDRF Founder & Chairman*

invite you to

## **THE 2011 “HOPE” LUNCHEON SEMINAR**

### **DIAGNOSING DEPRESSION AS A MIND AND BODY DISORDER**

The Vicious Cycle of Depression and Chronic Pain

**Wednesday, November 9, 2011**

12:00 noon – 2:00 pm

**583 PARK AVENUE, NEW YORK**

(Between East 63<sup>rd</sup> & East 64<sup>th</sup> Streets)



**HOPE FOR DEPRESSION**  
RESEARCH FOUNDATION

The mission of the Hope for Depression Research Foundation (HDRF) is to fund innovative, international depression research, utilizing *affective neuroscience* into the origins, diagnosis, treatment and prevention of depression and its related mood and other emotional disorders – bipolar disorder, dysthymia, post-partum depression, post-traumatic stress syndrome, anxiety disorder and suicide – with the ultimate goal of finding a cure.

HDRF's charge is two-fold: funding discovery research, while educating the public by heightening awareness that depression is a treatable medical condition.

**Every dollar raised goes directly to research!**

**Contact HDRF**

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HDRF is a not-for-profit 501(c)(3) public charitable organization.  
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