

VANITY FAIR

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JERSEY BOY



Kudos to the Boss for speaking about his bouts with crippling depression, and to *Vanity Fair* for the in-depth article. Springsteen has done millions of Americans who struggle with the illness a tremendous service. That kind of candor not only gets people talking but also saves lives. His memoir will inspire others to get help and will spur an uptick in media awareness about the illness and its staggering global impact. Bruce Springsteen can now add “mental-health advocate” to his list of extraordinary accomplishments.

AUDREY GRUSS

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