Moving on. Upcoming Wednesday is the much anticipated Hope For Depression Research Foundation’s Inaugural New York Seminar and Luncheon at the Plaza. The HDFR is the creation of Audrey Gruss whose mother Hope suffered from clinical depression most of her late life. The luncheon speaker is going to be Linda Hamilton, the actress, “an empowered woman on the outside,” who has been fighting a lifelong battle with Bipolar Disorder.

These are matters of the moment for more than 32 million people in the U.S. today. HDFR’s innovative research approach is called neuropsychology, which combines biology (the study of the brain) with psychology (the study of the mind and emotions).


Time: Seminar at 10 AM – 11:30 AM & Luncheon at 12 PM – 2PM.
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