The Hope for Depression Research Foundation (HDRF) hosted its Inaugural New York Seminar and Luncheon at the Plaza Hotel on Wednesday, October 22, 2008.

The event featured noted TV journalist Chuck Scarborough as Master of Ceremonies; Dr. Steven Roose, a leading U.S. expert in depression, who discussed how depression impacts the physical body; and celebrity speaker, Linda Hamilton who shared her personal experience with depression.

Hamilton, the iconic actress of “Terminator” fame, delivered a poignant speech about her lifelong battle with Bipolar Disorder. Known for her fierce portrayal of action heroine Sarah Connor, Hamilton revealed that her personal life was crumbling. Suffering from the condition since childhood, it was an uphill battle as Hamilton was repeatedly misdiagnosed. The condition took a toll on the actress’ personal life, including two marriages, until she ultimately found the proper treatment. A moving and uplifting story, Hamilton’s speech relayed a positive message of hope and healing.
Guests included: founder Audrey Gruss, actress Linda Hamilton, co-chairs Catherine Adler, Jackie Drake, Jay McInerney, Lis Waterman and junior co-chairs Coralie Charriol Paul and Lauren Bush, master of ceremonies Chuck Scarborough, and attendees Muffie Potter Aston, Dennis Basso, Samantha Boardman, Sharon Bush, Amy Fine Collins, Geoffrey Bradfield, Anne Hearst, Marcia Mishaan, Shoshanna Lonstein Gruss, Zani Gugelmann, Fabiola Beracasa, Ellen Scarborough, Bettina Zilkha and others.

Audrey Gruss founded HDF in 2006 in honor of her mother, Hope. HDF's mission is to fund the most cutting-edge, international scientific research into the origins, diagnosis, treatment and prevention of depression and its related disorders, with the ultimate goal of finding a cure. HDF's innovative research approach, neuropsychology, integrates neuroscience with psychology.
Dr. Olds, Dr. Koenigsberg, Dr. Charney, Dr. Weissman, Dr. Steven Roose, and Audrey Gruss.

Fabiola Beracasa, Zani Gugelmann, Shoshanna Gruss.

Gillian Fuller, Bettina Zilkha, Debbie Bancroft.
Martin Gruss, Linda Hamilton, Chuck Scarborough, Audrey Gruss.

Linda Hamilton, Amy Fine Collins.

Lauren Bush, Ellen Gustafson, Colleen Riley.
Steven Alperin and Alexandra Kerry.

Yaz Hernandez, Somers Farkas.
Josh Gruss, Linda Hamilton, Shoshanna Gruss.

Chuck Scarborough, Audrey Gruss.

Photos: Patrick McMullan