

## David Patrick Columbia NEW YORK SOCIAL DIARY

10/22. Chilly day in New York yesterday. Over at the Plaza, Audrey Gruss's Hope Depression Research Foundation held its inaugural New York seminar and luncheon.

Audrey founded HDRF in 2006 in honor of her mother. Hope, who suffered from clinical depression most of

her late adult life. Diagnosed depression affects more than 32 million people in the U.S. today and, directly or indirectly, impacts hundreds of millions all over the world.

This is a brand new project and Mrs. Gruss beat the drums wherever and whenever she could to create interest. Depression is a tricky subject and often misunderstood. Many times individuals do not realize that they are depressed despite their difficulties in functioning. At the lunch, actress Linda Hamilton spoke of her lifelong battle with bipolar disorder and how she is winning the fight, although it was an uphill climb until her situation was properly identified. Many attending deeply related to much of what was discussed.

## THE HOPE OR DEPRESSION R SEARCH FOUNDATION'S INAUGURAL NE V YORK SEMINAR AND LUNCHEON AT THE PLAZA



Dominick



Fabiola Beracasa, Zani Gugelmann and Shashanna Gruss



Lauren Bush, Ellen Gustafson and Colleen Riley



Sharon Bush and Anne Hearst



Martin Gruss, Linda Hamilton, Chuck Scarborough and Audrey Gruss



Yaz Hernandez and Somers Farkas