HOPE FOR DEPRESSION RESEARCH FOUNDATION

Susan Keenan and Luce Churchill
Lis Waterman and Jackie Drake
Peggy Moore and Susie Elson

Football great talks at benefit about depression

The man who led his teammates to four Super Bowl championships told of his struggle with anxiety and depression at the second annual Hope Luncheon. The event, a benefit for the Hope For Depression Research Foundation, took place Feb. 22 at The Mar-a-Lago Club.

Guest speaker Terry Bradshaw recalled his diagnosis of depression eight years ago, saying he responded to his doctor with “Can you give me a shot?”

The former quarterback for the Pittsburgh Steelers said he realized if he couldn’t find happiness after winning four Super Bowls, it was time to “be man enough to admit that something is wrong” and seek medical advice.

Bradshaw says he now tries to help others similarly afflicted by telling his story to help erase the stigma associated with men and depression.

The luncheon was preceded by a seminar focusing on depression in men with medical experts Dr. Michael Addis, Dr. J. Raymond DePaulo Jr., Dr. Harold W. Koenigsberg, and Dr. Steven P. Roose.

Audrey Gruss was chairwoman of the event. Susan Keenan, Jackie Drake and Lis Waterman were co-chairwomen. Proceeds from the event benefit the Hope for Depression Research Foundation, founded by Gruss to fund cutting-edge, international scientific research into the origins, diagnosis, treatment and prevention of depression and related disorders.

Hashen Khosrovani and Ray Floyd
James Tigani and Mary Alice Pappas

Above: Terry Bradshaw with Audrey and Martin Gruss
Left: Melania and Donald Trump with Felicia Taylor
Story by Shannon Donnelly
* Daily News
Photos by Ruth Cincotta